

# St Michael's Parish School Ashburton

268 High Street ASHBURTON PH: 9885 3105 FAX:9885 0070  
 Principal: Geraldine Dalton  
 School Advisory Council President: Kim Day  
 Parents and Friends Co-Presidents: Mary Skehan  
 Mishael Figuiera

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QUIS UT DEUS – WHO IS LIKE GOD –

THIS NEWSLETTER IS ALSO AVAILABLE ONLINE [www.smashburton.catholic.edu.au](http://www.smashburton.catholic.edu.au)

WEEKLY NEWSLETTER 15th SEPTEMBER 2011

33/11

## DIARY DATES 2011

DIARY DATES 2011		
<b>SEPT 2011</b>		
Fri 23 <sup>rd</sup>		Footy Colours Day
Fri 23 <sup>rd</sup>	2.45pm	Assembly in The Hub
Fri 23 <sup>rd</sup>	3.30pm	Term 3 ends
<b>OCT 2011</b>		
Mon 10 <sup>th</sup>	8.50am	Term 4 Begins
Tues 11 <sup>th</sup>	6pm	Maintenance Committee meeting
Tues 11 <sup>th</sup>	7.30pm	SAC Meeting
Wed 12 <sup>th</sup>	7.30pm	PFA Meeting
Fri 14 <sup>th</sup>		Swimming Prep 1/2
Fri 14 <sup>th</sup>	5-7pm	School Enhancement Evening
Wed 19 <sup>th</sup>	9-11.30am	Mini Micks morning tea
Wed 19 <sup>th</sup>	6.30-8pm	Camcare Cyber Safety Parent session
Fri 21 <sup>st</sup>		Swimming Prep 1/2
Fri 21 <sup>st</sup>	2.45pm	Assembly in the Quadrangle
Fri 21 <sup>st</sup>	6pm	St Michael's Art Expo Opening
Sun 23 <sup>rd</sup>	9am & 10.30 am	Prep class masses with Parish
Thurs. 27 <sup>th</sup>	7.30pm	Prep 2012 Parent info evening
Fri 28 <sup>th</sup>		Swimming Prep 1/2
Fri 28 <sup>th</sup>		World Teachers Day
<b>Mon 31<sup>st</sup></b>		<b>School Closure Day</b>
<b>NOV 2011</b>		
<b>Tues 1<sup>st</sup></b>		<b>Melbourne Cup Day Holiday</b>
Wed 2 <sup>nd</sup>	7.30pm	PFA Meeting
Thurs 3 <sup>rd</sup>	9.30 – 10.30 am	Prep 2012 orientation session 1
Fri 4 <sup>th</sup>		School Walkathon
Fri 4 <sup>th</sup>	2.45pm	Assembly in The Hub
Mon 7 <sup>th</sup>		Family Life Parent Sessions
Tues 8 <sup>th</sup>	7.30pm	SAC Meeting
Thurs 10 <sup>th</sup>	9.30 – 10.30 am	Prep 2012 orientation session 2
Fri 11 <sup>th</sup>	5-7.30pm	Twilight Sports
Thurs 17 <sup>th</sup>	9.30 – 10.30 am	Prep 2012 orientation session 3
Fri 18 <sup>th</sup>		Swimming Prep 1/2
Fri 18 <sup>th</sup>	2.45pm	Assembly in The Hub
Sat 19 <sup>th</sup>	6.30pm	Parish Youth Mass
Thurs 24 <sup>th</sup>	11am	Thankyou morning tea for parent helpers
Fri 25 <sup>th</sup>		Swimming Prep 1/2
<b>DEC 2011</b>		
Fri 2 <sup>nd</sup>		WSB Christmas colours
Fri 2 <sup>nd</sup>		Swimming Prep 1/2
Fri 2 <sup>nd</sup>	2.45pm	Assembly in The Hub
Fri 2 <sup>nd</sup>		Christmas Disco
Sat 3 <sup>rd</sup>		Mini Micks Christmas 4pm – 6.30pm
<b>Mon 5<sup>th</sup></b>		<b>School Closure Day – Staff PL</b>
Tues 6 <sup>th</sup>	7.30pm	Parish Pastoral Council
Wed 7 <sup>th</sup>	7.30pm	SAC & PFA AGM
Fri 9 <sup>th</sup>		Swimming Prep 1/2
Fri 9 <sup>th</sup>	5-7pm	School Enhancement Session
Thurs 15 <sup>th</sup>	6.30pm	Family Christmas Carols on the Courts.
Fri 16 <sup>th</sup>		Swimming Prep 1/2
Fri 16 <sup>th</sup>	2.45pm	Final school assembly for 2011
Fri 16 <sup>th</sup>		Student reports go home

## Confirmation

*Holy Spirit of God,  
 Ten days after Jesus had gone back to  
 heaven,  
 You came down from heaven  
 And into the locked room,  
 Where Mary and the apostles  
 Were waiting and praying.  
 They were very afraid,  
 But you gave them your Spirit,  
 And made them strong and brave.  
 When we receive the sacrament of  
 Confirmation,  
 You gave us your Spirit,  
 Helping us to be strong and brave.  
 We become grown-up Christians.  
 Thank you, Holy Spirit.*

Holy Spirit guide and empower our 2011  
 Confirmation candidates .....



## LEADERSHIP AND MANAGEMENT

Leadership and Management encompasses the following areas: Organisation, Structures, Resource Management, Staff Wellbeing, and Professional Learning.

### Dear Parents, Caregivers, Students and Friends,

#### Confirmation

We had a wonderful celebration of the Spirit last Saturday. Thank you to Clare Hicks, Sharyn Mizzi, Frank Cotela, Jonathan Connor and Jo Mannix for preparing our students. Congratulations to our students for your prayerful participation. A Special thank you to all our families who attended mass to support our Year 6 students.

#### NAPLAN

The NAPLAN results are in and Parents of Year 3 & 5 students will be receiving the results in the mail this week. Congratulations to our students and teachers, St Michael's students performed at or above state averages. Victoria was the best performing state nationally. A summary of our school results will be posted on the Community Noticeboard shortly and will appear on the myschools website early next year.

#### School Improvement Surveys

Thanks to those parents who have completed the surveys to inform our School Improvement Planning. Could all surveys please be completed either online or hard copy returned by this Friday 16<sup>th</sup> September.

#### 2012 Planning

We now have waiting lists for classes other than Prep for 2012. To help us with this process we do need to know if there are any other families who will not be returning to St Michael's next year, please let us know as soon as possible.

#### Condolences

This week we send the condolences of the school community to the Bernardo family on the death of Lucas and Kara's great grandfather Concetto Messina.

**Geraldine Dalton**

**Principal**

[principal@smashburton.catholic.edu.au](mailto:principal@smashburton.catholic.edu.au)

## DEPUTY NEWS

### Professional Learning

Yesterday Kerrin van Mourik and I attended a Professional Learning day about The Australian Curriculum. This has been a political issue for some time and changes regarding the implementation timeline have been adjusted many times already. At this point in time 2012 will be a familiarisation year for teachers with implementation commencing in 2013. Whilst this will be a time of change and learning for teachers one refreshing thing for us to know is that we will not be removing the quality elements of our current curriculum document, The Victorian Essential Learning Standards. This gives us confidence that there will be a smooth transition for the learning and teaching within our school.

**John Sandy**

**Deputy Principal**

[jsandy@smashburton.catholic.edu.au](mailto:jsandy@smashburton.catholic.edu.au)

## EDUCATION IN FAITH

Education in Faith encompasses the following areas: Religious Education, Prayer, Liturgy and Sacraments.

#### Confirmation

Last Saturday night many of our year six students were confirmed. The candidates reverently processed in with their Sponsors carrying lit candles, as a symbol of the Holy Spirit present in their lives. It was a beautiful Mass in which we focused on the gifts of the Holy Spirit.

We now look forward to continuing to nurture these gifts in our students and witnessing the fruits of them in their daily interactions.

### **Staff Professional Learning Day**

The staff had a wonderful day on Monday exploring together the history of our Catholic Identity. We were encouraged to remind the children, that when we pray, we are not just asking God to fix the world, but rather, we ask that we use our own gifts to make the world a better place. As we believe that the Holy Spirit dwells within us, therefore works through us, in creating the love and changes our world needs.... ' he has no hands but yours....' *Teresa of Avila*

### **Meditation**

Today I met with a small group of students who will be presenting a powerpoint presentation about Meditation to a group of teachers from Catholic Schools across Victoria. The students are very excited to be part of this presentation and particularly proud to be sharing their skills and knowledge. I am sure they will make St Michael's very proud.

One way we develop the fruits of the Holy Spirit is through prayer and contemplation. Our students are very aware of the Holy Spirit, not just in the sky, but being within them. They particularly acknowledge this when they sit in meditation. These times of stillness can help us to be "God's Hands..." in the world. Let's continue to foster quiet times into our daily lives.

".....in turbulent times...sink down three fathoms below the storm, where the stillness is; here where all things are accomplished, the quiet where all things are done. When you come to the surface you will bring some of this calm, this undisturbed peace with you; and the more you do this under stress, the more involuntary it will become so that eventually your mind will first seek the divine instead of human wisdom." *Anonymous Teacher from the early 20<sup>th</sup> Century.*

### **Clare Hicks**

#### **Religious Education Leader**

[chicks@smashburton.catholic.edu.au](mailto:chicks@smashburton.catholic.edu.au)

## **LEARNING AND TEACHING**

Learning and Teaching encompasses the following areas: Student Outcomes, Curriculum, Assessment, Reporting, Principles and Pedagogy.

### **Reflective Learners**

*"Reflection leads to growth of the individual - morally, personally, psychologically, and emotionally, as well as cognitively".*  
*Branch & Paranjape, Academic Medicine: December 2002.*

As the holidays approach it is an ideal time to encourage your child/ren to reflect on their learning this term. Reflecting promotes deep learning, not surface learning. The opportunity to reflect encourages students to think deeply and critically about their learning, their actions, their decision making and then to set some future learning goals.

There are a variety of ways students are able to reflect including drawing, writing and talking. Reflective conversations with a parent or significant adult are incredibly valuable for the student. In a secure, loving environment the child is encouraged to thoughtfully discuss their learning... with the adult providing the modelling, language and guidance needed to practise the reflective process.

Some simple prompts to encourage a reflective conversation with your child are: Tell me what you are most proud of this term. Explain why, can you tell me more? What was challenging or difficult for you this term? Have you met your learning goals? What has surprised you this term? What are you looking forward to next term? Have you made a goal for next term? What would you like to learn more about?

### **Premiers' Reading Challenge (PRC)**

The PRC is now closed for this year. Congratulations to the 140+ students from Prep to year six who attempted the PRC this year☺. As stated many times the PRC is not a contest but rather a challenge for the individual. We also know that stepping up and having a go at the challenge is an achievement in itself, whether the target is met or not!

This year our challengers read a combined total of over 5,700 books! Their PRC certificates will be sent to the school sometime during October/November.

A special acknowledgement and thanks to our lovely year one and two teachers, Jo, Ann, Janet, Louise and Yvette. They undertook the task of reading sufficient challenge books to their students so that, this year, all year one and two students could participate in and complete the challenge☺.

### **Kerrin van Mourik**

#### **Teaching & Learning Leader**

[kvanmourrik@smashburton.catholic.edu.au](mailto:kvanmourrik@smashburton.catholic.edu.au)

## VISUAL ART NEWS

Most art is now nearing completion as term 3 draws to a close. The Personal Profiles for each student is now the greatest priority for the Art Exhibition. Please assist your child by making a small collection of personal (non- valuable) items that can be sent to school and used in this art piece.

This art work is to reflect your child and his/her family and will include the child's school photo.

All items must be brought to school in a small plastic or paper bag, labelled with your child's name and class.

Thank you and have a great holiday,

Deb Chapman

Visual Arts Teacher

[dchapman@smashburton.catholic.edu.au](mailto:dchapman@smashburton.catholic.edu.au)

## STUDENT WELLBEING

Student Well Being encompasses the following areas: Student Engagement, Student Connectedness, Classroom Climates, Inclusion and Prevention to Intervention.

### “Tech Teams “ - Cybersafety Action Teams

#### ***A School Focussed Youth Service Funded Project - in partnership with St Michael's School, Camcare and The Workshop.***

There is increasing anecdotal evidence that students across the country are regularly accessing the internet for recreational and social use ( i.e. massive multi - player online games, Facebook and other social networking sites.) Whilst using the internet in this way, students have sometimes cyber bullied other students, downloaded or viewed inappropriate or concerning material and/ or had access to communication with older strangers.



As a school we believe that it is essential to educate parents as well as our students about safely accessing the internet, as many of these dilemmas are new to parents and poorly understood.

Over Term 4 students from Year 5 / 6 will form “Tech Teams” and work with an external facilitator and teachers on a project based on a specific aspect of cyber – technology: (i.e mobile phones, social networking, cyber- bullying). At the conclusion of the term an “Expo” will be held for family and friends where each team will display their project topic, aims, goals, and reflects their outcomes. As part of the “Expo” an information session will be delivered by students and the facilitator to parents on strategies for internet safety.

In addition a workshop will be held for parents on **October 19<sup>th</sup>** between 6.30 and 8pm to provide further information to you about ways you can support your child to navigate the cyber world in a safe, responsible and informed way. It is hoped that this session will take a broader look at positive parenting strategies within this context.

Please see the flyer attached for further information.

This session will be facilitated by two highly experienced staff from Camcare, a local community agency: Anna Young, Senior Clinical practitioner and Helen Consta, Manager Counselling and Family Services.

We are very excited about this learning opportunity and are grateful to **School Focussed Youth Services** for funding this project. We look forward to working in partnership with these community organisations.

Annie Engellenner

Student Wellbeing Leader

[aengellenner@smashburton.catholic.edu.au](mailto:aengellenner@smashburton.catholic.edu.au)



**Family Life Family Information Evening- please return via school office basket**

Yes, we will be attending the following Family Life Session/s

- **SESSION 1 5.45 – 6.45pm Body Basics Recommended for Years 1 & 2**
- **SESSION 2 7 – 8pm Where Did I Come From? Recommended for Years 3 & 4**
- **SESSION 3 8.15 – 9.15pm Preparing for Puberty Recommended for Years 5 & 6**  
**\$20.00 1 session/family, \$25.00 2 sessions/family, \$30.00 3 sessions/family.**

**Family Name** \_\_\_\_\_

Payment can be made to the school at your earliest convenience.

Please feel free to contact me if you have any questions about this evening.

# AWARDS

## 1/2G – Miss Gavalovic (last week)

**Harrison P**– for using similes in his writing when predicting what might happen next in the story of Puff the Magic Dragon!

**Sarah B** – for impressive calculating when measuring the area of her hand using square grid paper!

**Sasha** – for consistently showing an eagerness to learn and by respecting her teacher and peers by always displaying excellent listening behavior in every lesson!

## 3/4M- Mrs Meehan (last week)

**Giselle - Values Award for Doing Your Best** - for making great progress in maths due to great effort; especially learning her tables, so that she keeps improving her Blast Off!! Score

**Thomas F** -for being a great SRC Representative this term and for initiating and publishing The Chronicle, our very own class newspaper.

**Jessica** - for fantastic research skills when investigating her family history. Bringing a copy of Mary Keating's boat ticket for travelling from Ireland to Australia, alone when she was just 17years old, was very moving and powerful.



### **Notice of Forthcoming Construction**

I would like to give notice to all interested members of our school community that early next term a construction project will be taking place somewhere in our school grounds...to coincide with the opening of our **2011 School Art Expo**.

Plans are being sourced from a species of birds known locally by the names of Wedged Tail Eagle or Bunjil.

Materials will be gathered through various agencies...Children will be asked to scavenge their own yards and any areas of Ashburton they travel through on a regular basis.

Like the Eagles...they will be required to keep their eyes open and on the look -out for suitable twigs; of an appropriate size to be used to construct a nest of approximately 2metres x 2 metres.

Further details and clear specifications will be published in this newsletter and presented at an appropriate assembly next week.

Any Enquiries may be directed to the firm "Have a Go Engineers" located in Room 4 St Michael's Courtyard, 268 High Street, Ashburton.

Whilst this is an ambitious First Time Project for the above mentioned firm, we take heart in the knowledge that Wedge Tailed Eagles have been building these nests for thousands of years....

**Yes...That's Right...DIY Nursery Constructions.....pre Bunnings!!!!**

**Mrs Meehan**

**Principal Consultant**

**Bunjil's Nest at St Michael's**

## SCHOOL COMMUNITY

School Community encompasses the following areas: Parents, Parish, School Advisory Council, Wider Community

## EXTRA CURRICULAR ACTIVITIES

### **Running Club**

Why don't you come along next Wednesday morning at 7.50am on the tennis courts?

**Rudolf Lameijn**

### **Library**

Don't forget the library is open every Friday at second break. All welcome ☺

**Maree Galvin**

### **Year 6 privilege**

The year 6 students are welcome to organise games in the Hub each Monday at 2<sup>nd</sup> break.

**Geraldine Dalton**



### **St. Michael's Parish**

On Sunday the 25th of September (1st Sunday of the Holidays) we are organising a family get together after 9am mass. We'll be running activities in 'The Hub' and outside. Parents can have a casual catch up in the supper room. **Please bring a plate.** All families are welcome but we extend a special welcome to all families with children who did first Eucharist or Confirmation this year. Thank you -**Rudolf Lameijn**

# WALKING SCHOOL BUS (WSB)

Our **Footy Colours Theme** day for the WSB is next Friday on the last day of term. All children are invited to celebrate the AFL Finals season by wearing their Footy Colours. We look forward to seeing lots of colour and flag waving for your team.

I will be away so if you have any questions please ask your route co-ordinators – Kim (purple), Michelle (orange), Naomi (green) or Lori (Thomas Andrewartha1/2AK) who is standing in for Anna (yellow).



Thanks for your support of the Walking School Bus

**Sara Edwards (Natalie 3/4 SL, Lauren Prep HM)**

0425 779 079

sara.edw@bigpond.net.au

## Scholastic Book Club

Thank you to everyone who placed a Scholastic Book Club order. Books have arrived and have been sent home with children or are available for pick up from the office.

The school order was in excess of \$1000 and as such earns credits which we can use to purchase additional resources for classrooms.

If you have any questions, please contact me on 9886 9572 or [melinda.a.richardson@gmail.com](mailto:melinda.a.richardson@gmail.com)

**Melinda Richardson (Maevie Timms 5/6JC & Marie Timms 1/2G)**



## Outside School Hours (OSH) Care Committee -Elections for 2012/2013

The OSH Care Committee is a sub-committee of the School Advisory Committee (SAC). The next meeting of the OSH Care Committee will be held on Monday 17 October, 2011 at 6:00pm in the staff room at which this time elections will be held for the 2012/2013 Committee

Natasha Browne will be stepping down from her role as Chairperson of the OSH Care Committee. The Committee would like to thank Natasha for her generous contributions to the Committee which have been greatly appreciated and will be missed.

Membership on this committee is for a 2 year term. There are two Administrative positions open for election. These Administrative positions are for a minimum one year term. The position descriptions are set out below.

If you are interested in nominating for a position on the OSH Care Committee please complete the Nomination Form attached to the Newsletter and return it to by **FRIDAY 23 SEPTEMBER** to the OSH Care Committee Secretary (Jude Taylor) via the Office Basket.

**THANK YOU TO KRISTYN HART (DANIEL 5/JC & ALBY 3/CL) FOR ORGANISING THE FOOTY TIPPING COMPETITION FOR THIS YEAR AND FOR KEEPING US ENTERTAINED AND AMUSED THROUGHOUT THE SEASON, EVEN WHEN YOUR TEAM WAS LOSING!!!**



## *The Catholic Parish of St Michael* *Altar Servers: August – October 2011*



Parish Priest: Father Hien Vu – Phone: 9885 2498

Parish Website: [www.stmichaelsashburton.org](http://www.stmichaelsashburton.org)

Parish Office: [secretary@stmichaelsashburton.org](mailto:secretary@stmichaelsashburton.org)

Altar Servers: Fran - Phone: 9885 2892

Fran: [fgrouios@bigpond.net.au](mailto:fgrouios@bigpond.net.au)

Roster 5 - 2011

17-18<sup>th</sup> September:

**Saturday 6.30pm:** Georgia & Isabella D, Olivia M, Tara S

**Sunday 9am:** Edward & Lucie B, Hannah W, Stefan Z

**Sunday 10.30am:** Lara C, Rose H

24-25<sup>th</sup> September: School Holidays

**Saturday 6.30pm:** Hannah & Joel P, Dean & Aidan N

**Sunday 9am:** Maddy B, Monique & Rebekah M, Hannah W

**Sunday 10.30am:** Ashley B, Georgia D, Maeve T

1-2<sup>nd</sup> October: School Holidays

**Saturday 6.30pm:** Nana-Adoma & Osei-Kwame O, Olivia M, Luke S

**Sunday 9am:** Lucy & Sara M, Chiara & Niamh S

**Sunday 10.30am:** Georgia & Isabella D, Rose H, Gabriella M

9-10<sup>th</sup> October: School Holidays

**Saturday 6.30pm:** Dominic C, Dean & Aidan N, Tod P

**Sunday 9am:** Maddy B, Monique & Rebekah M, Hannah W

**Sunday 10.30am:** Aoife & Conor H, Campbell & Maeve T

16-17<sup>th</sup> October:

**Saturday 6.30pm:** Nana-Adoma & Osei-Kwame O, Olivia M, Luke S

**Sunday 9am:** Edward & Lucie B, Maddy B, Stefan Z

**Sunday 10.30am:** Aoife & Conor H, Campbell & Maeve T

### OSH Care Update:

ARRRR! ! A great day enjoyed by all who attended

Extend's curriculum day on Monday 12<sup>th</sup> Sept. There were pirates aplenty, treasure maps to be made and swashbuckling songs and games to be sung and played. Nobody lost at sea, nobody walked the plank but a general consensus that they all want to go to sea again with Capt'n Geoff!

Thanks to Geoff and team for a fabulous day.

Reminder: Next OSH Care Committee meeting is Monday Oct 17<sup>th</sup>, 6pm in the staff room. All welcome. Elections for the 2012/13 committee will be conducted, please return nomination forms to Jude Taylor via Office Basket by Friday 23 September.

Regards

Natasha Browne (Adele Prep H; Sarah 1/2G; Madeline 3/4M) Chairperson



### A Message from the Team Leader:

**“Last week at Extend we put on our dancing shoes and had a great time in our dance session, which is the second last for**

**the term! We enjoyed our indoor activities and made the best of the sunshine with some fun games of Lacrosse.” - Geoff**

**STAR of the week is Harrison E. for giving a new sport a great go!**

### enrolment hotline

Phone our **friendly** customer service staff on:

**1300 366 437**  
www.extend.com.au

## Outside School Hours (OSH) Care Committee/ Administrative Positions – Elections for 2012/2013

The OSH Care committee is a sub-committee of the School Advisory Committee (SAC). There are two Administrative positions and unlimited general committee positions. The Administrative positions are re-elected on an annual basis. Elections for the 2012/2013 committee will be held at the next OSH Care meeting on Monday 17 October, 2011 at 6:00pm in the staff room.

### CHAIRPERSON /Responsibilities:

- Issues the meeting agenda one week prior to the quarterly meeting to all regular participants
- Convenes any special request meetings outside of four quarterly meetings
- Facilitates all meetings
- Issues formal written quarterly report on committee/group activities to SAC
- Liaison between OSH Care members and school community

### SECRETARY/Responsibilities:

- Records any formal communication between OSH Care Committee and external groups
- Documents minutes of all meetings held.
- Distributes minutes of meetings held to all participants
- Writes up meeting summary for benefit of school community and publishes in school newsletter
- Administers Administrative Position election nominations

### GENERAL COMMITTEE REPRESENTATIVE /Responsibilities:

- Liaison between OSH Care members and school community
- Assists with task specific activities identified through quarterly meetings

Nominations can be made using the form below:

Please return these by **FRIDAY 23 SEPTEMBER** to the OSH Care Committee Secretary (Jude Taylor) via the Office Basket.

## Outside School Hours (OSH) Care Committee -Administrative Positions – Elections for 2012/2013

I wish to nominate myself for election to the position of  CHAIRPERSON  SECRETARY for the 2012/2013 Outside of School Hours Care Committee  I am interested in sitting as a general committee person for 2012/ 2013

Name \_\_\_\_\_ Contact email / phone \_\_\_\_\_

Child's name & class \_\_\_\_\_

# Cyber Safety

Worried about your child's access and use of technology and social media?  
Concerned about their safety from bullying?

As part of a project with students in Term 4, Camcare is partnering with your school to provide a session for parents at 6.30 – 8.00pm on October 19<sup>th</sup>. This workshop provides an opportunity to explore with other parents the challenges and opportunities of parenting in the age of new technology. It will complement a session to be held at the end of term 4 that will review and celebrate the students' projects and provide a further opportunity to review parenting strategies. Parents are strongly encouraged to attend both sessions.

Some of the issues to be explored include:

- How does managing issues of internet use, social media and phones differ from other parenting challenges?
- Communication and effective negotiation.
- Setting Boundaries.
- Parenting as a team.

The session will be facilitated by two highly experienced staff from Camcare, a local community agency: Anna Young, Senior Clinical practitioner and Helen Consta, Manager Counselling and Family Services.

**RSVP** to the school please; if you plan to attend, complete the attached questionnaire.



To create a session that best reflects your concerns, please provide feedback to the questions below. In order to protect your privacy, we request that no names be attached to your feedback:

- What strategies do you use now for managing your child's use of technology, if any? How confident do you feel that your strategies are effective?
- Do you have moments where you feel anxious about your parenting? What's happening at those times?
- What works well for you in communicating with your child, and what is less effective?
- What would you like to see included in the evening?

**Return in a sealed envelope to your school for collection by Camcare**